

EMBODYLOVEWORKSHOP™

A PROGRAM BY  EMBODYLOVEMOVEMENT™

Women's Inspirational
Workshop
Sunday, February 25th
1pm - 4pm



EXPOSE
MEDIA MYTHS

CHANGE THE
CONVERSATION

COMMIT TO
COMPASSION

RECOGNIZE
YOUR WORTH



This workshop is geared to women 18yrs and older. Space is Limited.
Register Today! Jill Murawski 214-693-4895 fityogajill@gmail.com

The Embody Love Workshop™ is a transformational journey that will lead you to finding radical self-acceptance. Through media literacy, experiential exercises, embodied expression, and processing with peers, you will leave behind the critic and instead embrace compassion. This workshop is designed to shift us away from isolation and into inter-dependency as we work together to create a world where we all feel lovable without condition.

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