



**Saturday, April 21**

**12:30 - 2:30 pm**

# Unveiling the Creative Spirit: Flow into the Artistic Process

*Spend a fun afternoon with like-minded yogis who are  
curious and open to discovering their creative spirit!*

In this 2-hour workshop you will:

- \* Be embodied through a gentle yoga flow to become open-minded in the present moment.
- \* Align the energies of the subtle body through a guided meditation to bring forth the creative within you.
- \* Create a unique piece of art by reaching the inner depths of your intuition.
- \* Take home a personal masterpiece that will inspire and empower you!

*Beginners to Art or Yoga are welcome!!*

\$35 non-members/\$30 members  
Register by calling: (214) 543-3448 or  
Email: [melaniebutz@me.com](mailto:melaniebutz@me.com)

**FitYoga**  
INDEPENDENCE, TEXAS

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